



Owambe Menu

<https://menuweb.menu/restaurants/turin/owambe-aps>
Via Tolmino, 50/interno 16, 10141 Torino TO, Turin, Italy
owambe.it

Categories

Uncategorized

Food Menu

Soups

Dessert

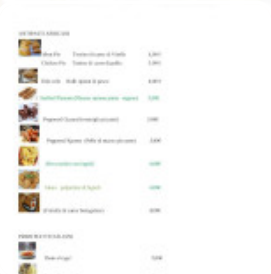
Desserts

Piatti Unici Africana Base Di Riso

SECONDI AFRICANI

Popular Products

Main Dishes



[View gallery](#)

[View menu](#)

[View reviews](#)

Owambe Menu



Salads

INSALATA GIARDINIERA

Sushi Rolls

ASSORTED

Dipping Sauce

PAPAYA

Fish Dishes

FISH AND CHIPS

Meat Dishes

SUYA

Side Orders

POUNDED YAM

Sauces

DIPS

Chicken Dishes

SMOKED CHICKEN

Tapas

FRIED CASSAVA

Main Course

TRIPLE

Dishes

RAVIOLI DI BORAGGINE

Appetizers

STUFFED PLANTAIN

Pizza Ø 26Cm

SEMO

Antipasto

AKARA POLPETTINE DI FAGIOLI

Fried Rice

FRIED RICE

Side Order

SPRITE (CAN)

Otros Platos

TROTAIN CROSTA DI SALE

Tortas

CHICKEN PIE

Causas

CASERA

Short Eats

FISH ROLLS

Light Meals

ASUN

Nigerian Dishes

OGBONO

Protein

PEPPERED GIZZARD

Peppersoup

CATFISH PEPPERSOUP

Owambe Menu



House Special

ASSORTED COLD CUTS

Kids' Meals

ROAST

Antojitos - Appetizers

FRIED PLATAIN

Insalata (Salads)

MANGO E AVOCADO

Hibachi Dinner

VEGETABLE

Fish And Seafood Dishes

CATFISH

Non Solo Pesce

TAGLIATA DI SCOTTONA

Delicacies

PEPPERED KPOMO

Fleischgerichte

MILANESE CON PATATINE

Dranken

COCA-COLA (CAN)

Portata principale

RISO AL CURRY CON PLATANO

Sides

MOI-MOI

bvande

BIRRA 33CL

Smart Choices

SOUPS

Special Menu (African Inspired)

GRILLED TILAPIA AND PLATAIN

Shellfish Feast

SMOKED MACKEREL

2 - Choose Your Cheese

GOAT

Comfort Foods, Sides And Pastries

MEAT PIE

Appetisers And Dips

YOGHURT AND MINT

Ingredients Used

TOMATO

These Types Of Dishes Are Being Served

MEATLOAF

Snacks & Light Soups

FRIED PLATAIN

Dinner Pie Selection

CHICKEN PIE

Sandwich Fare & Fixings

Owambe Menu



SMOKED TURKEY

Rice Dishes

JOLLOF RICE

PORCINI MUSHROOM RISOTTO

Pasta

PASTA AL RAGU

PASTA ALLE VONGOLE

Chicken

CHICKEN

CHICKEN WINGS

Starters

SMOKED CHICKEN THIGHS

AKARA

Italian Starters

VOL AU VENT ALLA VALDOSTANA

CARNE ALL'ALBESE

Swallows

AMALA

EBA

BEVANDE ANALCOLICHE

SPARKLING WATER

NATURAL WATER

Note

I PIATTI IN VERDE SONO VEGANI

LE NOSTRE CARNI DI POLLO E DI
CAPRA SONO TUTTE HALAL

Antipasti Africani

AFRO CRACKER CON FAGIOLI

FRITTELLA DI CARNE SENEGALESE

Sauce Varieties

MAYO E GINGER

PICCANTE HABANERO

Main Dishes

ASSORTED MEAT (SPEZZATINO DI
CARNI MISTE POLLO, VITELLO, TRIPPA)

BAKED PORK MAIALE AL FORNO

FRITTO MISTO DI VERDURE (OKRO,
MELANZANA, ZUCCHINE, CAROTE)

Drinks

BOTTLE WINE 750ML DOC OR IGP
(LIBERA SCELTA TRA UN
ASSORTIMENTO DI ETICHETTE
ACQUISTATE DA GIORDANO VINI)

BOTTLE WINE 750ML DOC OR IGP
GRUPPO B

FAYROUZ

Bevande

COCKTAIL OWAMBE

BIRRA 66CL

MALTO LATTINA

Contorni

AFRICAN STEAKS (YAM, CASSAVA,
PLATANO, BATATA)

FARINATA DI FAGIOLI

UOVA E SPINACI

Menù a Prezzo Fisso

Owambe Menu



MENU RAZZISTA (SOLO PIATTI DELLA TRADIZIONE ITALIANA)

MENU BUONISTA (SOLO PIATTI AFRICANI)

MENU NON SONO RAZZISTA MA... (SCELTA PIATTI ALTERNATI ITALIANI/AFRICANI)

Altri Piatti Africani a Base I Carne/pesce/altro

MAKOKO MIXED FRIED SEAFOOD

ADALU

CHAPATI CON VERDURE E UOVA

Popular Products



EGUSI

RICE AND STEW

EFO RIRO

OHA

Side Dishes



INSALATONA OWAMBE (CAVOLO, CAROTE, MAIS, FRUTTA ESOTICA)

FRIED BATATA

BOILED GARDEN EGG (MELANZANE BOLLITE)

BOILED PLANTAIN (PLATANO BOLLITO)

RICE AND BEANS

Dessert

MANGO CAKE

SOFT BISCUIT AND COCONUT CREAM

BANANA CAKE

PLANTAIN

COCONUT RICE

Desserts

MANGO PUDDING (BUDINO AL MANGO)

PEPPER CHOCOLATE (CIOCCOLATA CON PEPERONCINO)

SWEET ROLL (FRUTTA ESOTICA E CREMA PASTICCIERA)

FRUIT SALAD (MACEDONIA DI FRUTTA ESOTICA DI STAGIONE)

CAMELIZED COCONUT (COCCO CAMELLATO)

Piatti Unici Africana Base Di Riso

RISO AL COCCO

RICE AND AVOCADO

RISO CON POLLO YASSA

PLATANO, GAMBERI E SALSA VEGETALE

FRITTATA DI OKRO

SECONDI AFRICANI

SPICED FRIED FISH

OVEN CATFISH

LAGOS OCTOPUS

LAGOON MUSSELS

SMOKED MEAT SHAWARMA CHAPATI

Soups

SALAD PLATTER

PEPPER SOUPS (ZUPPE PICCANTI)

OKRO

AYAMASE (OFADA STEW)

GBEGIRI AND EWEDU

BLACK SOUP

Food Menu

Owambe Menu



FRIED RICE & SALAD

BEANS/DODO/SPINACH

BEANS VEG./DODO

FRIED RICE & DODO

ASARO & VEG

ANKARA & OGI

BEANS NAFFER

Uncategorized



VEGUSI

ASUN SPICY GOAT MEAT

SMOKED MEAT SHAWARMA

VINO IN BOTTIGLIA 75CL
MONTEPULCIANO DOC

CHAPATI CON VERDURE AFFUMICATE

SPRITE SLEEK CAN 330 ML

GRILLED TILAPIA AND PLANTAIN
TILAPIA ALLA BRACE E PLATANO

COCA-COLA SLEEK 33CL

AFRICAN STEAKS

PICCANTE HAVANERO

VINO IN BOTTIGLIA 75CL CHARDONNAY

ZOBO 0.5LT

FANTA ORIGINAL SLEEK 33 CL

VINO IN BOTTIGLIA 75CL MERLOT DOC

FANTA (CAN)

[View gallery](#)

[View menu](#)

[View reviews](#)

Owambe Menu



Owambe

Via Tolmino, 50/interno 16,
10141 Torino TO, Turin, Italy

Made with [Menu](#)

Opening Hours:

Monday 12:30-14:30 19:00-00:00

Tuesday 12:30-14:30 19:00-00:00

Wednesday 19:00-00:00

Thursday 12:30-14:30 19:00-00:00

Friday 12:30-14:30 19:00-00:00

Saturday 12:30-14:30 19:00-00:00

