

## Essencia Menu

<https://menuweb.menu/restaurants/naples-1/essencia-6>  
Piazza S. Maria La Nova, 9, 80134 Napoli NA, Naples, Italy  
**+393665035127 - [essenciarestaurant.eatbu.com](http://essenciarestaurant.eatbu.com)**

### Categories

Pasta

Main Course

Primi Piatti

I Nostri Dolci

Proposte di degustazione a cura dello chef:

Non Alcoholic Drinks

Entrées

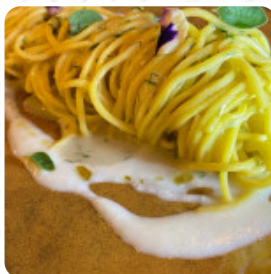
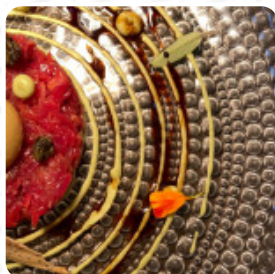
Pizza

Secondi

Gnocchi

Fish Dishes

Rice



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# Essencia Menu



## Non Alcoholic Drinks

WATER

## Entrées

SQUID

## Secondi

PIGEON

35 €

## Antipasti

APPETIZERS

## Gnocchi

GNOCCHI

## Fish Dishes

FISH OF THE DAY

## Side Dishes

SCAMPI

## Rice

RISOTTO

## Starters & Salads

ANTIPASTO

## Appetizer

TARTARE

## Fish

SEA BASS

## Dessert

ICE CREAM

## Drinks

STILL WATER

## From The Grill

ROAST PORK

## Indian

CHICKEN CURRY

## Dolce

CHEESE FLAN

14 €

## Soft Drinks

COKE

## Tapas

EGGPLANT TAPAS

## Postres

TORRIJA

10 €

## Secondi Piatti

ROMBO

30 €

## Platos

GALTA

30 €

## Tea

GREEN TEA

16 €

## Asian

GYOZA

## Seafood Main Courses

CATCH OF THE DAY

25 €

# Essencia Menu



## Course 3

PULLED DUCK 20 €

## First Courses

CAPPELLETTO 28 €

## French

CROISSANT

## Selezione Crudi

NORWAY LOBSTER 24 €

## Le Proteine

LAMB 32 €

## CHAPTER VI

PICANHA ROLL 32 €

## Boards - Plate

CHEESES 18 €

## Uncategorized

CAPASANTA 22 €

## Pasta

CARBONARA

RAVIOLI

## Pizza

FUSION PIZZA

MEAT

## Sauces

CURRY SAUCE

SALSA

## Main Course

RIS8 26 €

ELICA 30 €

## Primi Piatti

SPAGHETTI (RICORDO DI MINISTRONE) 22 €

PASTA MISTA .. DI RINFORZO 24 €

## I Nostri Dolci

MILLEFOGLIE DI MELA 12 €

TRISTEZZA (PER FAVORE VAI VIA) 14 €

## Proposte di degustazione a cura dello chef:

IL NOSTRO "MDVN" (P.P.) 85 €

"ESSENCIALE" (P.P.) 70 €

## Restaurant Category

DESSERT

VEGETARIAN

GLUTEN FREE

ITALIAN

## These Types Of Dishes Are Being Served



LAMB

DESSERTS

PASTA

FISH

SALAD

BREAD

## Ingredients Used

CHILI

# Essencia Menu



CORN

BEEF

DUCK

MACKEREL

TOMATO

HAM

TUNA

MUSTARD

BUTTER

CHOCOLATE

PORK MEAT

TORTELLINI

CARROTS

SCALLOPS

VEGETABLES

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# Essencia Menu



## Essencia

Piazza S. Maria La Nova, 9,  
80134 Napoli NA, Naples, Italy

### Opening Hours:

Monday 19:30-22:00

Wednesday 19:30-22:00

Thursday 19:30-22:00

Friday 19:30-22:00

Saturday 12:30-16:30 19:30-  
22:00

Sunday 19:30-22:00

Made with [Menu](#)

